



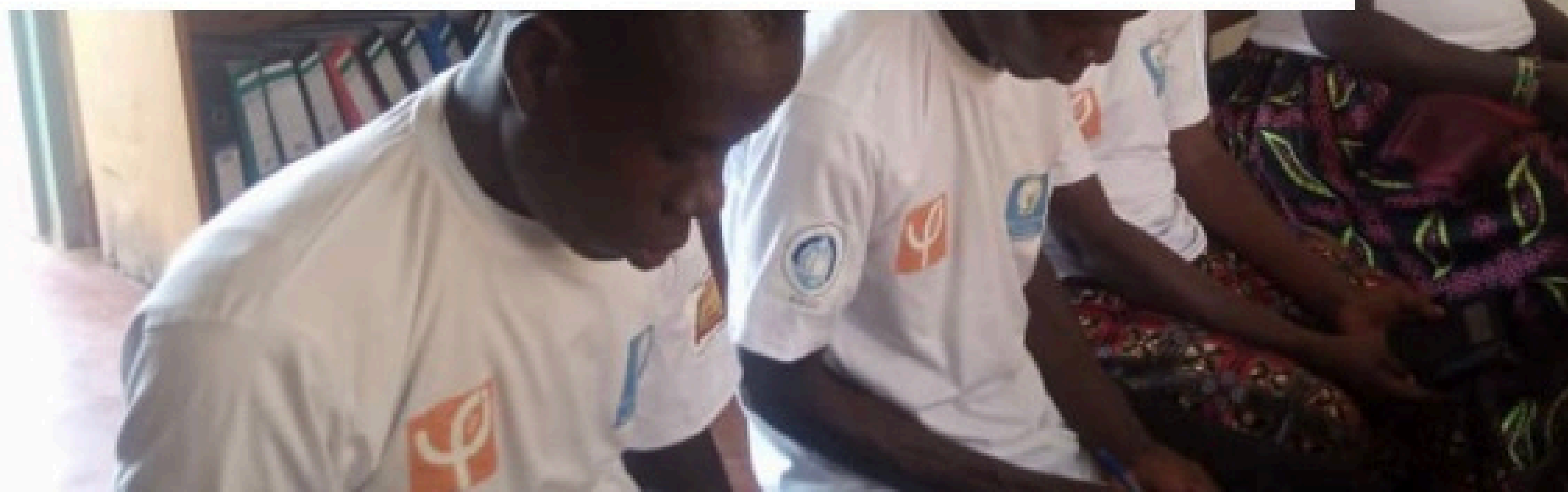
Narrative Report: Training for D-Free Project Implementation

Huye, Rwanda March, 2024

"Combating Diarrheal Disease in Rwanda"

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Introduction



On Saturday, March 16th, 2024, MEDSAR (Medical Students' Association of Rwanda) conducted comprehensive training sessions aimed at equipping medical student volunteers and Community Health Workers (CHWs) with the necessary knowledge and skills to address the issue of diarrhea among children under 5 years old in Rwanda, Gisagara district. This training was a pivotal step in preparing participants for the implementation of the D-Free project, a collaborative initiative between MEDSAR and Youth Impact.

PROJECT GOALS

Mission



Diarrhea stands as a significant global health concern, particularly among children under 5 years old in Rwanda, where it ranks as the third leading cause of death in this vulnerable age group worldwide. Through data analysis drawn from the Rwanda Demographic and Health Survey and monthly reports from health facilities and CHWs, the D-Free project identified various factors contributing to the prevalence of diarrhea. These factors include inadequate hygiene practices, limited access to clean water, and socio-economic disparities plaguing the region.

Vision



Key objectives and goals

- 1. The overall aim of the D-Free project is to significantly reduce the prevalence of diarrhea in the Gisagara district.**
- 2. This goal will be achieved through a multi-faceted approach, including educating 100 families with children under 5 on proper hygiene practices and the importance of clean water consumption.**
- 3. Additional efforts will involve distributing essential hygiene materials, renovating toilets to enhance sanitation standards, and conducting comprehensive follow-up assessments to monitor progress and impact.**



TRAINING DETAILS

Participants

The training sessions saw the active participation of 20 dedicated medical students and 3 committed CHWs. Unfortunately, one CHW was unable to attend due to family issues.

Training for medical students took place at the University of Rwanda, Huye campus, while the CHWs training occurred at Gishubi Health Center within Gisagara District

Contents Covered

The training sessions encompassed a wide of topics, including introduction and mission of the D-Free project. Participants were provided with comprehensive knowledge regarding the introduction of diarrhea, its underlying causes, and the profound impacts it inflicts upon communities. Moreover, the training emphasized preventive measures against diarrhea and stressed the critical importance of timely intervention.

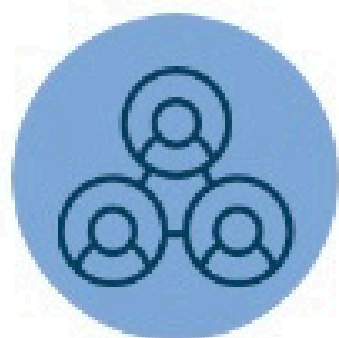
Additionally, participants were briefed on materials that would be distributed to project beneficiaries, including water filters and the renovation of toilets to foster sanitation infrastructure within communities. Participants also were shared the status of diarrhea in Gisagara district and discussed the best ways of implementing the project creating a long-lasting impact

FUTURE PLANS



Future Plans

Looking ahead, MEDSAR is diligently preparing to launch the D-Free project officially, marking the commencement of its implementation phase. The inaugural session is planned to take place on Friday, March 22nd, 2024, signifying a pivotal milestone in the ongoing efforts to combat diarrhea prevalence in the region



Collaboration

It is essential to highlight that the successful implementation of the D-Free project is made possible through collaborative efforts. MEDSAR proudly joins forces with Youth Impact, a renowned social venture dedicated to providing accessible and affordable extracurricular activities for youth worldwide. This partnership underscores the collective commitment towards effecting positive change and improving community health outcomes.



CONCLUSION

In conclusion, the training sessions conducted by MEDSAR have effectively equipped participants with the required knowledge, skills, and resources to spearhead the D-Free project's implementation phase successfully. With unwavering dedication, strategic collaboration, and a steadfast commitment to the cause, the D-Free project endeavors to make a tangible difference in the lives of vulnerable communities, ultimately striving towards a healthier and more resilient future for all.

Training gallery Photos from the training can be accessed via:
https://drive.google.com/drive/folders/1g4U4sNE0A-TGL9wvLDnbE2CqXu8izLeF?usp=drive_lin