

Report on D-Free Project in Gisagara District

Date: April 1st, 2024

Venue: Rwanda, Southern Province, Gisagara District, Gishubi Sector



Objective:

The second day of D-Free project implementation aimed at teaching the community in Gisagara district the following key aspects:

- Causes of diarrhea
- Symptoms of diarrhea
- Prevention of diarrhea
- Adjunctive measures to promote hygiene

Participants:

1. A team of 5 medical students/volunteers
2. Trained Community Health Workers (4)
3. Village Leader
4. Target populations (112 households)

Event Timeline:

- **2:00-2:50 PM:** Arrival of D-Free project volunteers in Gisagara district.
- **3:00 PM:** The event commenced with a warm welcome and introduction by the Village leader, emphasizing the importance of addressing diarrhea and promoting community health.
- **3:15 PM:** Mr. Ange Robert introduced us and gave a brief summary of what content we were going to cover in the outreach.
- **3:20 PM:** Mr. Dieudonne commenced the teaching by discussing with the attendees the causes of diarrhea. The teaching was very interactive allowing everyone's participation. The perspective of each and everyone was welcomed, assessed and used to make general conclusion.
- **3:50 PM:** Mr. Robert and Mr. Caleb continued with teaching the symptoms of diarrhea. They were also able to engage the attendees in their training session.
- **4:20 PM:** Ms. Nadine wrapped up the teaching with preventive measures as well as adjunctive measures to hygiene promotion. The session was interactive as it allowed everyone's participation and one of the community health worker were able to give an addition regarding to how an ideal toilet should be like. (pictures to follow)
- **4:50 PM:** Ms. Adeline delivered the summary of what we were able to cover on that day and ended by inviting all of them to come on Friday where the leaders and coordinators of the project will come and visit them in their homes as well as providing some of hygiene materials to them.
- **4:55 PM:** The Village Leader delivered closing remarks, expressing gratitude to all participants for their dedication to improving community health. He emphasized the importance of ongoing collaboration and monitoring to sustain the project's impact.



Key Outcomes:

- Successful collaboration among stakeholders.
- The target population went home knowing well the causes of diarrhea
- The target population went home knowing well the symptoms of diarrhea
- The target population went home knowing well the preventative measures of diarrhea and with commitment for having personal initiatives aiming at ending diarrhea in their households.
- The target population went home knowing and ready to put in place other adjunctive ways to promote hygiene for instance, hand washers around the toilet, utensils and other kitchen materials holders,
- Commitment to sustainability for long-term impact.



The way forward

After successfully delivering the second session, we are remaining with only one session to be delivered on Friday, 6th April 2024 for highlighting importance of timely action in prevention of diarrhea and closing of project. During this session, we will provide water filters to 10 families and re-innovate toilets for 15 families. In addition, we will do post-evaluation assessment to see what the project has changed in daily life of the beneficiaries.

Conclusion

The second day of implementing D-Free Project in Gisagara District signifies a proactive effort to combat diarrhea and improve the health and well-being of children and families. The volunteers were able to discuss with the attendees' various causes and symptoms of diarrhea as well as preventive measures to hygiene in preventing the prevalence of this disease in population especially the children under 5 years of age. The session was very interactive in fact, we were not teaching but we were discussing with them to know what they already knew and make some additions to make it more sustainable.

Report prepared by Dieudonne NABAYO, Project Assistant logistics coordinator.